

**FEBRUARY PILATES OFFER:**

# **CLINICAL PILATES START UP SPECIAL**

**\$570  
(SAVE AT LEAST \$390)**

**1 hour Initial assessment + Program with  
Physiotherapist**

**2 x 1 hour 1:1 Exercise Therapy Sessions  
with Physiotherapist or EP**

**10 x 1 hour Small Group Exercise Therapy  
Sessions**

**T'S AND C'S APPLY  
EXPIRES FEBRUARY 2022**