



■ Stress help . . . visit Revive Pilates and Physiotherapy Studio. XC

Beat stress

IS stress or the pressures of everyday living taking its toll?

Revive Pilates and Physiotherapy Studio at 337 Waterworks Rd, Ashgrove, can help by offering relaxing and invigorating pilates and yoga sessions and a wide range of massage therapies and beauty treatments.

One lucky *Westside News* reader will win a complete equipment pilates package at the studio's state-of-the-art facilities valued at \$635.

The prize includes a one-hour initial assessment with a physiotherapist, two one-on-one equipment pilates sessions and 10 passes to group equipment Pilates classes. It is valid for six months (conditions ap-

ply). Phone 3366 0500 or visit www.revivestudio.com.au.

Readers should put their name, address and daytime phone number on the back of an envelope and address to: Revive Pilates and Physiotherapy Giveaway, *Westside News*, Locked Bag 999, Kelvin Grove DC 4059.

Entries close first mail and winners to be drawn on July 25.

Winners will be notified by mail and results published in the winners' column on July 30.

Entries will not be used for marketing purposes.

■ **For more competitions, visit www.questnews.com.au, your local image magazine or www.imagemagazine.com.au.**



Weddings



Mutchilba couple Grace Nastasi and Chris Cobbe were married on May 24 at the Cairns International Hotel where the reception for 230 guests was also held. The ceremony was performed by celebrant Wayne Rees, and there were three bridesmaids, three groomsmen, three flower girls and two page boys. The flowers were red roses and the bridesmaids wore stunning red dresses. The cake was of four tiers covered in rose buds. The wedding photos were taken at a farm at Caravonica after the ceremony, as Grace is from a farming background she wanted the rustic look and cane. Photo by Helen Yelavich.



Rebecca Peppiatt and Wesley Wallis were married on June 1 in the gardens at the Rainforest Motor Inn in Atherton. The reception was also held at the motor inn. The bride's parents are Jean and Philip Peppiatt from England and the groom's parents are Malcolm Tschumy from Atherton and Anne Wallis from Perth.