

Endermologie & Lipomassage at Revive

Endermologie

Endermologie is a specific procedure for the treatment of cellulite and body contouring. It is a non-invasive painless treatment adapted to the skin sensitivity of each individual. The treatment results in body reshaping, improved skin fitness and a reduction of the appearance of cellulite. Each treatment is a hands on 35minute full body treatment, with the majority of that time concentrating on target areas.

We offer a free 20 minute, obligation free, consultation which allows the endermologist to assess your target areas and give a clear indication of how many treatments you may need to achieve the goals desired.



Your initial Endermologie assessment will last for 1 ½ hours. The session begins with the client and therapist completing together the "CLIENT PROFILE CARD". This is aimed at outlining initial treatment objectives and includes:

- Skin assessment
 - Photographs (ideally you should wear or bring a G-string for your photos)
 - Target areas are determined
 - Measurements are taken
- Fitted for your stocking and shown how to get into it
 - 35 minute Endermologie treatment is then carried out
- We highly recommend that you undertake some form of exercise within 6 hours of your treatment to maximise the results.

All follow up appointments require you to attend the clinic for one hour.

The next full assessment (1.5 hours), will be based on discussion with your therapist as to when this is best carried out. It is best not to be reassessed if you are pre-menstrual or if you have not noticed visible changes yet.

Endermologie Express

Treatments involve 10 sec holds of contracting muscles in target areas or constant contraction.

The Endermologie treatment process has been modified to include specialised targeted exercises and positions to increase the effectiveness of the existing treatment methods. The treatment is no longer relaxing, however it is still not painful. The positions assist the therapist and the machine to isolate the fatty tissue as well as increase fat

metabolism during the treatment.

Working out whilst receiving Endermologie is the answer for many of clients who wish to see faster results in less treatments. Endermologie Express starts with a minimum of ten treatment sessions, each lasting for 35 minutes.

Endermologie Costing

A minimum of 14 treatments are recommended.

Payment options:

There are two payment options available:

1. **Upfront:** - Total: \$1680 (bonus body stocking, value \$50) .
Package includes 14 treatments and 10 minutes Galileo session at the end of each treatment.
 2. **Payment Plan:**- Upfront deposit of \$890 (first 7 treatments + body stocking).
- \$120 at beginning of the following week session every week from then on, based on two Endermologie sessions per week.
- **OR** \$840 for following 7 sessions
- Single Sessions:**- Purchase single sessions for \$150 per session.



What is Lipomassage?

Lipomassage treatments speed up the metabolism of fat cells, so they go through their life cycles more quickly. This helps the body get rid of fat faster than the cells can reproduce, so you not only smooth skin, you can lose inches in treated areas.

The treatment is surgery free which triggers the elimination of deep-seated fat tissue that is resistant to diet and exercise. The technique is performed on local, targeted areas and activates lipolysis (emptying of fat cells) by stimulating the adipocytes giving faster results.

Results are seen quickly due to the massage being a more localised treatment which helps contract the muscles of the target area at the same time. Contracting a muscle assists in isolating the adipose tissue from muscle base. To achieve optimum results active participation is required and 6-8 treatments are generally recommended.