



# REVIVE

## corporate massage

Brought to you by Revive Wellness Centres

Do you suffer from stiffness or pain from sitting or hunching over a computer all day?

Do you feel like you need a regular massage but can't seem to find the time?

Are you looking for increased incentives in the workplace?

### Revive your team with Corporate Massage!

Massage assists the body's natural ability to heal itself. It relaxes and tones the muscles preventing injuries, increases circulation and therefore improves the delivery of oxygen and nutrients to all body cells.

Corporate massages are private sessions that accommodate individual company needs. These sessions are scheduled at a time that suits the company and can be held onsite at the workplace or at the centrally located Revive City Studio in Mary Street.

Corporate massage can make a significant difference to your workplace:

- Improves blood and lymph circulation
  - Muscular relaxation
  - Calms the nervous system
- Increased mental alertness and clarity
  - Reduces anxiety
- Provides relief from stress injuries and conditions

### Massage costing options

**Us to you**

15-30 minute per person

15 minute massage = \$20

30 minute massage = \$35

Seated or table massage



Must be within 500m radius of Mary Street or an extra \$20 surcharge per massage.  
Not claimable on private health insurance.

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